

# The Capsule

University of Arkansas for Medical Sciences APhA-



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MARK YOUR  
CALENDARS!

## August 28

“Where’s My Mentor?” Mentor/  
Mentee Lunch  
Location—IDW  
lobby area



## September 21

Annual COP Volleyball Tournament  
Location and time TBA

## September 19

Walk and health screenings to  
benefit the Juvenile Diabetes  
Research Fund. Partnered  
with KE.

## September 23

 Chapter Meeting

## (G)rams & grains

“I wish I would have known:  
discipline is the bridge between  
goals and accomplishment. If  
you set a goal but don’t disci-  
pline yourself, you can’t achieve  
that goal.”

-Sharliese Kendrick

## What can APhA-ASP do for YOU?



By Megan Wilson  
VP Membership

**L**ike many of you, I want to know how joining an organization will benefit me before I decide to write a check for the dues. You will be happy to find out that being a member of APhA-ASP can do great things for you and your career if you only allow it to.

### How APhA-ASP can benefit YOU

- Social events – APhA-ASP plans several social events each semester, and they range from volleyball and golf tournaments to picnics and chili cook-offs. This variety gives you a chance to interact with your classmates outside of the classroom.
- Get up to date on current issues – Members will receive issues of Pharmacy Today and Student Pharmacist, both of which feature coverage on the issues affecting pharmacists and student pharmacists,

respectively.

- Chapter Meetings – Free lunch is always provided for members at our monthly chapter meetings. In addition, you can gain valuable knowledge from our guest speakers.

- Discounted trips – This year our Midyear Regional Meeting is in Oklahoma City, OK and our Annual Meeting is in Washington, D.C. As a member, you will get the opportunity to travel to these places for less than what you would pay

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Wilson, continued on back

## Things you may have missed over the summer

1. Springdale Mission of Mercy Dental Event – May 8th and 9th – 10 student participants, 1500 patients counseled for antibiotic and pain medications.
2. Tobacco Awareness Skit at Jacksonville Elementary School – May 15th – 8 student participants, 500 kids grades K-5.
3. HIV Certifications – June 10th -12th – 2 student attendees.
4. Jonesboro Health Fair – 20 students, 160 patients screened for hypertension, hypercholesterolemia, diabetes, and low bone density and counseled on heartburn and smoking cessation.
5. One Voice Campaign – political advocacy YouTube video urging legislators to include pharmacists in the health care reform process.
6. Utah School on Alcoholism and other Drug dependencies – June 21st-26th – 6 student attendees.
7. YouTube Heartburn Awareness Campaign – Videos educating patients about the symptoms, causes and treatments of heartburn in English, Spanish, Arabic and Sign Language.

# Professor Profiles: Dr. Renée DeHart

It may be interesting to find out a little more about some of our faculty here in the College of Pharmacy. To start out this new section on professors, I thought we might need to get to know the newest member of faculty, Dr. Renee DeHart, Associate Professor and Associate Dean of Administrative Affairs. Her interview sounded like this:

**Where did you go to school?** “I received my PharmD from the University of Florida.”

**What are some of your hobbies?** “Shopping, spinning classes, listening to music, and getting involved at church.”

**If you could invite three people to have dinner with you, who would they be?** “

- 1) A very close grandmother that has passed away.
- 2) Mother Teresa
- 3) Martin Luther King, Jr.

**Are you looking forward to sporting the title ‘Razorback’ as well as calling the hogs?**

“Yes!...but I’m conflicted about the October 17th game against the Gators!”

**How can I find you?**

Email: [rmdehart@uams.edu](mailto:rmdehart@uams.edu)  
Phone: 686-8889  
Or drop by the Dean’s office



# “Many Paths, One Purpose”

**W**elcome back everyone! Over a little more



than a week ago, we all began another chapter in our lives as we gathered on campus again to kick off the school year. No matter what class you belong to this year, we all share a common goal, to learn the skills of our profession so that we will be competent and confident about providing patient care. That’s our purpose, our patients. Regardless of what area of practice within pharmacy you decide to go into, even those of you who are a lot like myself and haven’t quite pinned that down yet, your purpose will never change. There’s been a misconception that’s been around since pharmacy began to branch off into all the different opportunities that are available today, and it has become evident to me over the last few years. The misconception is that not all pharmacists are equal, or a better way to put it would be that the hospital pharmacist and the independent pharmacist are very different. In all actuality, they are no different...they are both pharmacists. Yes, the day to day activities between

**By Collin Ward**  
APhA-ASP Chapter President

different practice settings may differ, but at the end of the day, we are all the same. With this misconception comes the perfect opportunity for us as student pharmacists to educate and advocate for our profession by collaborating with pharmacists and student pharmacists from all practice settings to provide patient care services. This year’s APhA-ASP National Presidential theme is “Many Paths, One Purpose: Inspiring Student Pharmacists to Unite the Profession.” When I found out about this year’s theme, I was so excited! I truly feel that by working together we can get more accomplished than by working alone. Our goal this year is to work with other student organizations to provide the united message that even though the settings we may find ourselves practicing in may differ, the primary word to define who we are would be pharmacist. And with the title “pharmacist” comes one purpose, to serve our patients. I look forward to the upcoming year and encourage everyone to get involved when opportunities arise throughout the year. Again, welcome back!



**Wilson, from front**



if you were to travel alone.

How APhA-ASP can benefit YOUR CAREER

- Networking – Regional and National meetings allow you to network with your colleagues and meet new people. The APA (which you join by becoming a member of APhA-ASP) district meetings also provide great networking opportunities. It is important to network because the relationships you build now could pay dividends in the future.

- Leadership opportunities – Members are given opportunities to serve the profession on both local and national levels. You could join one of our chapter’s committees, serve in the APhA-ASP House of Delegates or become a

regional or national officer.

- Health Screenings – Being a member of APhA-ASP here at UAMS gives you the chance to participate in one of our many health screenings. If you are a P1, participating in these screenings can give you excellent experience for the future. If you are a P2 or P3, participating in these screenings not only gives you excellent experience but also allows you to earn several EPE credit hours.

I hope that you can now see how truly rewarding being a member of APhA-ASP can be! I encourage everyone to join and take advantage of the benefits and opportunities that await you!