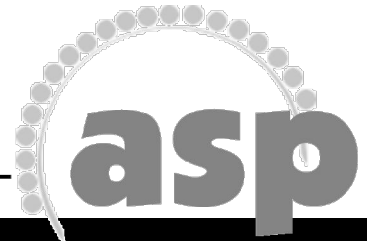


The Capsule

University of Arkansas for Medical Sciences APhA-



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MARK YOUR
CALENDARS!

Every Thursday

Student Outreach Service Meetings

Every Thursday at noon in B108. Please see an exec member if you want to know more.

October

Kroger Flu Shots and Health screenings

See the [For Patients](#) page on our website for times, dates, and locations.

October 22

Chapter Meeting

Noon, G141. Our guest speaker will be a pharmacist that is a recovering drug addict.

October 23

Volleyball Tourney

Workman's Compensation Health Fair

See Sarah Cochran for sign-up and details.

October 30

MRM Orientation

Noon in room G225. Mandatory for all students attending MRM.

APhA-ASP: Promoting American Pharmacists Month



By Collin Ward
VP External Affairs

Know Your Medicine, Know Your Pharmacist.

By now you have seen this phrase everywhere you

look around our campus, but you may be asking what does it symbolize, what does this mean? The answer is simple: October is American Pharmacists Month. That's right, we get a whole month dedicated to our profession, which brings up another question: what is our APhA-ASP Chapter doing to promote this month? Since the goal of American Pharmacists Month is to celebrate our profession and to raise awareness about what pharmacists offer their patients, there's no better way to do so than to take it to the streets and get out in the community.

The Arkansas Pharmacists Association teamed up with us for this first new project that our APhA-ASP Chapter decided to take on. Instead of targeting just Central Arkansas, why not make the campaign statewide? With this idea in mind, we got approval from the APA to attend their district meetings throughout



American Pharmacists Month

the month of September. At these meetings, the pharmacists in attendance were offered bags full of supplies ranging from window decals, buttons for their staff members to magnets, and balloons that they could use to decorate their pharmacies for American Pharmacists Month. The idea went over better than expected, and many of the pharmacists took the bags with them when they left that night.

The next innovative project took place last week here in Central Arkansas. This event was called "Paint the Town Red." Thirty-three pharmacies throughout Central Arkansas agreed to let us come in and decorate their pharmacies in support of American Pharmacists Month. Over thirty volunteers signed up to go deco-
October, cont'd on back

APhA-ASP Annual Volleyball Tourney

The College of Pharmacy 2nd Annual Volleyball Tournament will be held Thursday, October 23. Sign-up sheets should be circulating in your classes, and for your convenience there is also a sign-up sheet on Ms. Tina's desk in the Dean's Suite if you cannot catch the one in class. Get your teams together (teams cannot be co-ed), design a

team T-shirt (yes, this is a contest), and join the fun! More details to follow concerning the exact location, brackets, and times. Hope to see you all!

If you have any questions, please contact Bryna McKenna, VP Social Events.

October, from front

rate these pharmacies. I wanted to say thanks to those of you who helped make this event happen!

Our last, but certainly not least exciting, idea will be seen by over 80,000 people at this weekend's Arkansas Razorback football game in Fayetteville. If you plan on attending the Razorback game, keep an eye to the sky where you will see an aerial banner saying "Know Your Medicine, Know Your Pharmacist. GO HOGS!" flying over Razorback Stadium before kickoff at 6:00pm. Look for our banner between 4:15 and 4:45pm on Saturday.

Now you may be thinking, October is almost over with, what can I do to help promote now? The answer is easy: get involved! Help spread the word about American Pharmacists Month by volunteering at the Health Screenings we have coming up (October 23rd, October 30-31st, and November 20th; just to name a few), or contact me if you would like to take some Know Your Medicine, Know Your Pharmacist buttons, stickers, balloons, etc. to the pharmacy you work at to help promote American Pharmacists Month. Remember, even if you missed the chance to help with American Pharmacists Month during October, that you can still promote the profession of pharmacy on a daily basis by taking pride in your profession and what your profession can do for the patients it serves. Celebrate being a pharmacist everyday! Happy American Pharmacists Month!



Let us know if you need a roommate or have extra space in your room!

Chapter Champions of Change

It doesn't take much to be involved APhA-ASP. In fact, it doesn't take a whole lot to make a major difference. What it does take is one person stepping up. August and September's Chapter Champions of Change do just that.

August's Champion, Randy Kassissieh is a chapter member that volunteers his time wherever needed. He helped out a lot at P1 Orientation by being a small group leader and was a "model" for what NOT to wear to the White Coat Ceremony. He also helped with set-up for the P1 Scavenger Hunt, lead a group, and prepared for and attended P1 Bowling. He has also been key with American Pharmacists Month by helping put together, deliver, and set up American Pharmacists Month bags at the Little Rock APA meeting. He doesn't stop there. He helps Clint at chapter meetings get pizza and drinks for all of the other members to enjoy.

Brandon White was September's Chapter Champion of Change. He also helped out at P1 Orientation by leading a small group. Also, this year's voter's registration drive was successful because of Brandon's help. Not only did he work the drive, he also checked every day to make sure someone was there—even when he wasn't signed up. He has also helped with coming up with policies to take to MRM.

Our chapter is successful because of members like Randy and Brandon. We couldn't do it without them, and we can't do it without you! Thank you for giving your time to make our chapter successful!

Know someone who you think deserves to be recognized as a Chapter Champion of Change?

Let us know! Contact a member of exec in your class or send us an email by clicking our names on the officer's page of the website. We want to know who you think makes a difference in our chapter.



Randy Kassissieh

August Chapter Champion of Change



Brandon White

September Chapter Champion of Change