

Chapter Capsule

University of Arkansas for Medical Sciences College of Pharmacy
 American Pharmacist Association Academy of Student Pharmacists Chapter Newsletter

New Year's Resolutions : APhA 2005 Orlando

It's that time of the year again. The time we all start anew and reflect on what we could have done better in the past 12 months. Was your resolution to lose weight? To study more and make better grades? To get into better shape? Here's one for you, I challenge each of you to resolve to attend at least one professional meeting this year. APhA's Annual Meeting in Orlando will satisfy that and my personal resolution, to have **more fun!**

Orlando is full of great things to do and most of these great attractions are really close to the convention center. I'm already making reservations for all the things I want to do. Some of the tops on my list:

- **Universal City Walk** - lots of great restaurants and bars including Jimmy Buffett's Margaritaville, Bob Marley's Tribute to Freedom, Emerils Orlando, NBA City, NASCAR Café. City Walk is close to the convention center so you won't even have to leave the general area for some fun times.

- **Seaworld & Discovery Cove** - Orca whales, arctic penguins and more. In Discovery Cove, you can actually swim with the dolphins.
- **Disney World & Animal Kingdom** - This will take a few days to get through. Animal Kingdom is like an African safari.
- **Universal Studios** - A great experience if you like movies

Remember March is the beginning of the busy season so you better get your reservations in order soon! There are some discount ticket packages linked to the website. Be sure to check those out too.

-Amanda Galiano



While we all had fun in Seattle last year, sunny & beautiful Orlando is going to be the best annual meeting ever!

January 2005

Volume 1, Issue 4

Inside this issue:

P-4 Membership Benefits 2

Welcome Governor Huckabee 2

Hillbilly Chili 2

Orlando Reservation Info 3

Innovative Patient Counseling

UAMS APhA-ASP's Crystal Atwell is one of only five national recipients of the 2005 Pharmacy Student One to One Patient Counseling Recognition Award. This is a major accomplishment for Ms. Atwell and our chapter. Congratulations Crystal!



As part of the award, Crystal will be a guest of honor at the 2005 APhA Opening Reception in Orlando this April.

Crystal found a unique solution to a problem by instructing a hearing impaired patient on correct metered dose inhaler technique via a web cam.

Follow Crystal's lead and find innovated ways to make a difference in your patient's lives.

Standing Committees

Congratulations to Sarah Frank and Marci Smith who were chosen for 2005 APhA-ASP Standing Committees. Ms. Frank will be representing UAMS on the Publications Committee and Ms. Smith will be representing us on the Awards Committee.



Hello ASP Members!

I know it is just January, but April and the ASP spring membership drive will be here before you know it. This membership drive is just for third year students, and APhA has some exciting offers that can help with your rotations and preparing for the NAPLEX. By renewing your membership early you will receive:

- ◆ Clinical Rotation Survival Kit
- ◆ APhA *Transitions* Newsletter
- ◆ APhA *Complete Review for Pharmacy*- a \$44 dollar value

The review guide alone is a terrific offer and really is a great review guide. All these benefits come in addition to the great benefits you all ready receive from APhA-ASP.

If you have never been a member of ASP before, now is the time to join. I will keep you updated on benefits and dates of the membership drive so you don't miss this great opportunity. If you have any questions, feel free to drop me an email.

-Crystal Atwell
VP of Membership

Upcoming Events:

- **January 27:** Governor Huckabee visits
- **February 3:** Hillbilly Chili and Bingo Blowout
- **February 9 :** Legislative Health Fair
- **April 1-5 :** Orlando Annual Meeting!

Help Welcome Governor Huckabee

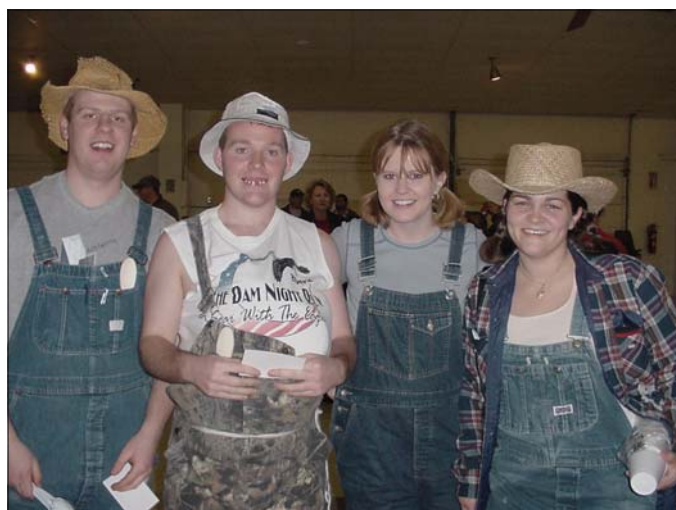
The Governor will be visiting UAMS College of Pharmacy on January 27th from 10 to 11 am. Be sure to make plans to attend! Classes will not be held during the Governor's appearance.



Hillbilly Chili

For the P-1s and those who didn't attend last year's event, Hillbilly Chili is a chili cook-off with a twist. You can enter your chili in the contest or just come to eat. There's also a costume contest, door prizes and this year we have bingo. I think the best way to describe the event is to let the photos speak for themselves.

Use the following pictures to get some ideas for your costume!





Make Plans For Orlando

I know it might seem a little early to start planning Spring Break, but I have an offer you cannot refuse! APhA Annual Meeting and Exposition in Orlando, FL April 1st -4th is a perfect way to combine fun in the sun with events that will shape the future of pharmacy.

The meeting includes events such as election of APhA-ASP National Officers, Awards Ceremony for our work in the Patient Care Projects, voting on policy proposals, exposition where you can get a lot of free stuff and a great opportunity to network with other student pharmacists.

I encourage all of you to take a few days out of Spring Break and go to Florida early to visit DisneyWorld, SeaWorld, Universal Studios and much more and then wrap it up at the APhA Annual Meeting.

The time to book flights and reserve hotel rooms is **NOW!!** Our chapter has chosen to stay at SpringHill Suites located ½ mile from the Orange County Convention Center (meeting site). Rates are \$129 for single/double-\$149 for 4.

You can make hotel reservations through the APhA web site at www.aphameeting.org or you can reserve by phone by using **Expovision—1-703-205-6205**. You can register online and find more information on hotels and stuff to do in Orlando at www.aphanet.org I have also heard that some airlines have cheap flights if you book now. So get together with your friends, plan a vacation and register for the meeting.

-Melissa McCullough
Chapter President

Important Reservation Information:

- **Dates:** April 1-4 (Spring Break March 28- April 1)
- **Hotel:** Springhill Suites: Rate \$129
- **Expovision:** 1-703-205-6205
- **Web:** <http://www.aphameeting.org>



We're on the web:
<http://cop.uams.edu/asp/>